

CONSCIOUSNESS: THE DOORWAY TO THE COSMOS

Awakening to the Field of Consciousness

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Introduction

In Alfred L. Webre words, “the truest conception of our earthly circumstance may be that we are on an isolated planet in the midst of a populated, evolving highly organized inter-planetary, inter-galactic, multi-dimensional Universe society”². If such a statement is true, and I bet it is, it has many and deep implications for our human civilization on Earth³. When such a statement is made, three questions open the doorway to the cosmos: (1) if we are not alone, who is out there and why are we isolated?, (2) which is the true origin of human beings?⁴, and (3) who am I really? Consequently, the extraterrestrial issue becomes the most important one at this time, because it changes completely our human history and thus the perception of who we think we are. In this new perception lies the greatest potential for human transformation towards a new and more enlightened civilization. In a more evolved society, real freedom and cooperation among its members are the main pillars of functioning, and these characteristics emerge as a natural expression of a more enlightened consciousness. If one ever wanted to enslave a society the main tool would be to control consciousness, and that means, to control information, knowledge and the possibilities of ones’ experiences. This is what has been going on for a long time on earth, and the “dark side” (expressed by many faces and within many levels of reality)⁵ has assumed the control over our civilization, controlling and manipulating the information and knowledge available to its citizens.

Our personal reality (*i.e.*, the understanding of what is life and who we are), is mainly a social agreement and construct, where information and knowledge are its raw materials. Language, through social interaction, is the main tool for communicating, sharing and negotiating social meanings. We perpetuate belief systems about reality from one generation to another through social interaction, even at the supposedly highest level of intelligence (*i.e.*, usually to be found in the scientific community). We usually hear: “if science says so, then it is true”. Science, in my opinion, has become a religion, a dogma. Although science should always be in service of social spiritual improvement, it seems to be more in service of the “dark side”, trying to imprison consciousness in a small match box. To my mind, mainstream science has been “highjacked” by the “dark side” in order to maintain scientists in a limited mind set, thus reducing the experience possibilities of human nature which indeed has the potential of opening the door to the cosmos⁶. Consequently, mainstream science has become spiritually stripped; therefore its nature is materialistic and reductionistic and understands consciousness only as an epiphenomenon of the brain (*i.e.*, matter). Next, it reduces Life to a small cosmic accident in a vast multibillion galaxy Universe... However, while mainstream science has been reduced to this state, the “hidden science” of the “dark side” is literally hundreds of years ahead as a result of “reverse engineering”⁷ and the ET-human program liaison carried out by “shadow governments” for more that 70 years⁸, where for example, time travel, anti-gravity and free energy technology are known and used.

As stated by Michael Salla recently⁹, once the extraterrestrial disclosure takes place, and secret technology, like antigravity, is released, “many will learn that much of what they have learned and believed over lifetime was a lie. The 1961 Brookings Report referred to scientists as being most vulnerable to the disclosure of extraterrestrial life since it will make redundant many of the cherished scientific theories and models held by this community”.

The strategy of the “dark side” becomes obvious because as less people know about our true origins, about what is going on outside our planet and our multidimensional nature, the easier it becomes for the controllers to remain in power and enslave our civilization. As we shall see later, when exploring the concept of “field of consciousness” related to human learning, as less people are aware of any of these three aspects of reality, the easier will be for the “dark side” to keep the whole story hidden from the public. And therefore, when someone tries to talk about ideas that do not fit into the collective consciousness, the mass will assume s/he is crazy and will isolate him or her, or literally kill them. It is an efficient measure of social control and has happened many times in the known past, like for instance with Jesus, Socrates, Gandhi, Wilhelm Reich, Martin Luther King, etc. However, once one awakens to these three realities, the search for freedom becomes the main purpose of life, and when this begins there is no way of going backwards. It is like opening the Pandora’s Box, once opened it becomes impossible to bring everything back inside and close it again. As this awakening takes place globally, the “dark side” becomes powerless, as it is trying to stop a tsunami with a stone wall. The power that resides within us as spiritual beings is enormous and nothing can stop an awakened person from achieving his purpose. Once the door to the cosmos is open one becomes aligned with the forces of the Universe.

In this paper I will explore the concept of “field of consciousness” within current theories and scholars, going through discoveries of quantum physics, parapsychology and transpersonal psychology which constitute the ground in order to build up and understand a “field of consciousness”. This knowledge suggests that we are much more than what we have been told (the third question). Lastly I will consider the implications of such a field for social transformation, as well as the effects on precipitating disclosure of the ET fact. In my opinion, at the time being we are facing a future full of social, cultural, economical, political, military, energetic and environmental challenges that require a multidimensional approach in order for humanity to build a better future^{10,11}. But the most important one is the challenge of the transformation of consciousness towards a more spiritual realization in order to help humanity to find appropriate solutions to overcome these important challenges ahead and evolve to a more enlightened civilization.

The main conclusion I reached in this paper is that personal transformation and spiritual awakening help global transformation given the fact that there is a “field of consciousness” through which we are all connected at an unconscious level. In other words, given this collective unconscious, what one person achieves within himself through personal transformation will be helping humanity to move forward in the same direction. So as the number of individuals that awaken to the need for consciousness’ transformation and ET disclosure increases, the stronger will be the unconscious influence on the whole of humanity. My main interest in researching and exploring this hypothesis is a matter of hope and desire for a better world to live in, as well as enriching the “field of consciousness” to which I’m entangled, helping others to awake.

Key words: parapsychology, extended mind, beyond the brain, collective minds, collective unconscious, field of consciousness, entangled minds, awakening, collective shadow,

consciousness transformation, social transformation, spirituality, Gaia, global meditations, Exopolitics, extraterrestrial disclosure.

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Scientific Framework

Firstly, to affirm that a field of consciousness exists implies that our personal consciousness exists beyond our brain and skull through space and time, and hence it is not a by-product of our brain activity. Such a concept contradicts mainstream neurosciences, psychology and psychiatry, biology and medicine. As a consequence, finding evidence that our consciousness extends beyond our brain will contradict both scientific and conventional pictures of reality, and will require a different scientific paradigm¹² to be understood¹³. There is no evidence yet that our brain generates consciousness (*i.e.*, for the underlying mechanism). The most we can assume from the neurophysiological studies on consciousness is the valid existence of the *neural correlates of consciousness* and the brain¹⁴. Hence, “the observation that brain function is *associated* with consciousness does not entail that the brain *creates* consciousness”¹⁵. That is the reason why as LaBerge and Kasevich put it, “the special kind of activity in the brain that is presumed to underlie consciousness continues to elude the grasp of our scientific concepts”¹⁶. In my opinion, this is because the type of relationship between the brain and consciousness is not a *bottom up* (the brain as the cause) but rather a *top down* one, where consciousness¹⁷ creates the brain and interacts with it; and what we are able to observe with our scientific instruments is just the correlation pattern of activity between both.

Secondly, the premise that consciousness is reducible to brain activity (*i.e.* to matter) implies a materialistic, reductionistic and deterministic worldview of life. This implies a scientific paradigm that is “based on the ontological assumption of separateness and the epistemological assumption that all knowledge is based on physical sense data”¹⁸. In order to integrate the evidence that our consciousness extends beyond our brain and accept the concept of a field of consciousness, a different scientific paradigm it is required. In Harman’s terms, we would require instead of a “Separateness Science” a “Wholeness Science”, based on the “ontological assumption of oneness, unity, interconnectedness of everything, and the epistemological assumption that there are two available “windows” onto reality, namely, the objective, through the physical senses, and the subjective, through the intuitive and aesthetic faculties”¹⁹.

Thirdly, this materialistic, reductionistic and deterministic worldview of science that leads us to a perception of separateness and isolation from others, as well as the Universe, has many destructive effects on our Civilization and Planet²⁰. As Ashok K. Gangadean explains, “egocentric minding is the primary cause of the fragmentation, dis coherence, incommensurable dualities, and self-alienation that ultimately produce existential and rational pathologies on both personal and cultural levels”²¹. Some of these destructive effects at a global scale can be enumerated as: climate change and global warming, wars, genocides, ecocides, the prevalence of violence and fear, religious and political fanaticism, global contamination, overpopulation, extremes of affluence and poverty, decrease of biodiversity, lack of respect for plants, animals, humans and the biosphere, among many others²². As a consequence it calls for a new understanding of Life and the Reality in which we live in order to transform the way we behave with ourselves and others, and be able to

shift to a more harmonious way of living on Earth²³. As Harman puts it, a “wholeness science” would tend to foster a worldview supportive of the highest values of all societies²⁴.

Lastly, for the last decades, research in quantum physics, parapsychology and transpersonal psychology have been providing more and more evidence that personal consciousness extends beyond the brain. This evidence supports the concept of “field of consciousness” and, from my point of view, will help this paradigm shift to take place in science and society in the near future. As Ervin Laszlo²⁵ puts it, a society characterised by a transpersonal awareness tends to be less materialistic and egocentric and develops a more empathic relationship with people; likewise, it becomes more sensitive with animals, plants and the whole biosphere. And from an Exopolitics point of view, it will allow us (as humanity) to begin a reintegration with off-planet cultures, given our condition of planetary quarantine²⁶. The latest will be, in my opinion, the definitive trigger of the world’s transformation, affecting history, astronomy and cosmology, sources of power and energy and thus economy, law, politics and government, as well as religion beliefs, science and all health sciences.

Consciousness beyond the brain

From now on I will explore in detail the evidence that points out that consciousness goes beyond our brain, and thus it opens the door to see and understand that we are not a cosmic accident. As I’ve said at the beginning, one of the three questions that open the doorway to the cosmos is, *who am I really?*, if I am not only matter as I have been told, what am I then...?

Under the old paradigm (*i.e.*, mechanistic-Newtonian-deterministic) it is assumed that the “objective” and “subjective” worlds are completely independent. As a consequence a good scientist is one who remains completely independent from the object of study. In other words, the scientist’s mind and consciousness are unable to affect the “world out there”. However, this premise appears to be false due to two main reasons: on the one hand, the scientist projects its personal unconscious in his work²⁷, and also, the cultural and social environment in which (s)he is embedded has an influence on his/her activity²⁸. On the other hand, according to the new paradigm (*i.e.*, quantum physics, holistic science), mind and consciousness are not seen as independent from the physical world, but as the basic structure of it. Hence, the scientist becomes an *active participant* in the “world out there” and is no longer separate from the observed. In other words, the choice made by the observer about how he will act *affects* the physical system that he has acted upon (since only when an observation is made, the probability function of quantum mechanics “collapses” into actualities).

The first evidence that supports this premise goes back in time to 1801 when the British physician and physicist Thomas Young performed his famous “double slit” experiment²⁹, to demonstrate the wave-like nature of photons or electrons. One of the main conclusions that was drawn from that experiment, is that consciousness (the observer) plays an important role in the results of the experiment. This is known as the *quantum measurement problem*. There is no way for the observer to predict whether the photon or particle will be recorded in the photographic plate until the observer looks at the plate³⁰. This implies that consciousness plays an important role in our interaction with the “outside world”.

According to quantum physics “prior to an act of observation, the microelements of matter and their properties exist in a state of *superposition*. They cannot be described as waves or particles, but as probabilities of becoming either; they cannot be described as being in one locus or another, but as probabilities of ending up in one or the other. [...] The mathematical formulation of the particle’s potential state is known as the *wave function*. Accordingly, at the time of observation there is said to be a *collapse of the wave function*”³¹. In the double slit experiment, the wave function will collapse when the observer looks at the photographic plate to see precisely where the particle has spotted.

Another important discovery in quantum physics came from the search of Albert Einstein to demonstrate that Heisenberg’s principle of uncertainty couldn’t be a complete description of the physical reality. Hence in 1935 Einstein, Podolsky and Rosen wrote an article proposing an experiment known as the EPR experiment³². Einstein could not imagine what the results were going to be... because they discovered the *non-locality* property, “connections between separated particles that persisted regardless of distance, these are instantaneous and operating ‘outside’ the usual flow of time”³³ something that Einstein called “spooky action at a distance” and Erwin Schrödinger, one of the founders of quantum theory, called *entanglement*. In fact, from a recent review on entanglement research published by *New Scientist* in 2004, Michael Brooks concluded that “Physicists now believe that entanglement between particles exists everywhere, all the time, and have recently found shocking evidence that it affects the wider, ‘macroscopic’ world that we inhabit”³⁴.

As is derived from the above, the “objective” reality we assume to be living in, it is not as independent from us as we think it is, and we are not as isolated from others as we believe. If this is true, consciousness is something more than just “*the behaviour of a vast assembly of nerve cells and their associated molecules*”³⁵, consequently, we should open the door to accept that consciousness goes beyond our brain and skull through space and time, and interacts with the “world out there”. In fact, there is no “world out there” because we are embedded in it, thus there is no real distinction between “in and out”.

Taking into account the evidence that supports this premise, we may go back up to the 30’s when J. B. Rhine started his pioneering experiments and research on parapsychology at Duke University³⁶. However relevant research in psi phenomena began in the 70’s, directed by Russell Targ and Harold Puthoff at Stanford Research Institute and funded by government agencies³⁷ on remote viewing experiments^{38,39} and information transmission or telepathy^{40,41}. One might think that if the government has been funding this type of research, remote viewing is not just something that only parapsychologists like to “play” with... as D. Radin puts it:

“Scientists who had worked on these highly classified programs, including myself, were frustrated to know firsthand the reality of high-performance psi phenomena and yet we had no way of publicly responding to sceptics. Nothing could be said about the fact that the U.S. Army had supported a secret team of remote viewers, that those viewers had participated in hundreds of remote-viewing missions, and that the DIA, CIA, Customs Service, Drug Enforcement Administration, FBI, and Secret Service had all relied on the remote-viewing team for more than a decade, sometimes with startling results. How, finally, the history of American and Soviet military and intelligence-sponsored psi research is emerging as participants come forward to document their experiences”⁴².

In Laszlo's article⁴³, *Cosmic Connectivity*, he puts together some interesting experiments and research carried out on psi phenomena demonstrating the non-local properties of consciousness. For example, the work of M.A. Persinger, D., Krippner and M. Ullman in 1970 and 1989 on *transmission of images while the receiver is asleep*. Over several decades, Stanley Krippner and his associates carried out "dream ESP experiments" at the Dream Laboratory of Maimondes Hospital in New York City. Also the work of Jacobo Grinberg-Zylverbaum in 1993 on a particularly striking example of *transpersonal contact and communication* at the National University of Mexico. There are also interesting experiments on *group brainwave harmonization* in which "when the subject enters a meditative state of consciousness, these patterns become synchronized, and in deep meditation the two hemispheres fall into a nearly identical pattern. [...] Experiments with up to twelve subjects meditating simultaneously showed an astonishing synchronization of the brain waves of the entire group"⁴⁴.

Other type of experiments provide significant evidence that identifiable and *consistent electrical signals occur in the brain of one person when a second person*, especially if he or she is closely related or emotionally linked, is either meditating or provided with sensory stimulation, or attempts to communicate with the subject intentionally⁴⁵. The phenomenon registered in these EEG correlation experiments its called by Dean Radin as "entangled brains", and are experiments that have been performed over a dozen times over the past 40 years by independent groups⁴⁶. Radin mentions a particular amazing replication of these type of experiments where "not only a significant correlation was observed between two brains, but also that the precise location [visual cortex] in the brain associated with this connection was found"^{47,48}. When considering psi phenomena globally, Radin states that "after a century of increasingly sophisticated investigations and more than a thousand controlled studies with combined odd against chance of 10^{104} to 1 there is now strong evidence that some psi phenomena exist. While this is an impressive statistic, all it means is that the outcomes of these experiments are definitely not due to coincidence"⁴⁹.

There is also a wide range of different types of experiences that point out that consciousness might go beyond the brain, although it may still interact with it. For example, *out-of-body experiences*⁵⁰, *near-death experiences*⁵¹, *past-life experiences and reincarnation*⁵², *life after death, communication from the death, mediumistic and channelling experiences*⁵³; *telepathy, clairvoyance, precognition, mind-matter interactions or psychokinesis*⁵⁴; *prayer, distant healing and influence; the power of intention; the sense of being stared at*⁵⁵. It is also worth considering that psi phenomena has indeed been reported by people in all cultures, throughout history, and at all ages and educational levels⁵⁶.

Among all these experiences and research, I would like to mention one striking research carried out by Kenneth Ring and Sharon Cooper in 1999 on near-death and out-of-body experiences. In their work they explore the evidence that even those blind from birth can "see" during these experiences. The way blind people "see" is not akin to how a sighted person might, but an extraordinary mode of knowledge called by them as *mindsight*. In their words: "this mindsight, which seems to be a form of transcendental awareness, may yet be shown to function independently of the brain but must necessarily be filtered through it and through the medium of language as well"⁵⁷.

In the field of transpersonal psychology and modern research on consciousness we find, for example in Stanislav Grof⁵⁸, a very detailed and rich classification of the wide spectrum of transpersonal experiences that supports the premise that we are not "skin-encapsulated

egos existing in a world of separate beings and objects”⁵⁹. As Grof describes it, consciousness can identify itself with the realms of plants, minerals and animals, with groups of people and can expand to such an extent that it seems to encompass all of humanity. In the extreme forms of transpersonal perception we can experience ourselves as the whole biosphere of our planet or the entire material universe.

Collective Consciousness

Up to now I have summarized some of the background that supports the premise that consciousness may move beyond our brain and skull through space and time, hence it opens up the possibility to consider that a “field of consciousness” could exist. If consciousness can identify itself, according to Grof, with large groups of people, with all of humanity, with the biosphere, with the whole Universe, the hypothesis of a “field of consciousness” through which we are all connected may indeed be possible. According to Maharishi’s theory:

“Collective consciousness is the wholeness of consciousness of the group that is more than the sum of the consciousness of all individuals composing that group. Just as the consciousness of the individual determines his or her thought and behaviour, the collective consciousness of society governs the activity of social life. Thus a level of collective consciousness corresponds to each level of social organization: family, community, city, state, nation and world”⁶⁰.

But as before, which is the evidence that supports the idea of a collective consciousness? And where can we trace the roots of it?

In the Eastern tradition, we can trace this concept in the Vedic tradition of India, in the mystical scriptures of Hinduism, the Upanishads, which express the idea of a single underlying reality embodied in Brahman, the absolute Self⁶¹. In the Western tradition, we find one of the well known founders of psychology William James whom in 1902 was the first to talk about a “field of consciousness” in his book *The Varieties of Religious Experience*. According to him, this field “lies around us like a ‘magnetic field’”, a field that “it is impossible to outline with any definiteness”, however “helps both to guide our behaviour and to determine the next movement of our attention”, he also said that “our whole past store of memories floats beyond this margin, ready to a touch to come in; and the entire mass of residual powers, impulses and knowledge that constitute our empirical self stretches continuously beyond it”⁶².

Other founders of contemporary psychology and sociology like Gustav Fechner and Emilie Durkheim⁶³ also proposed theories of collective consciousness almost one century ago. C. G. Jung, one of the greatest psychiatrists and psychologists of the 20th century proposed the concept of collective unconscious, he stated that:

“In addition to our immediate consciousness, which is of a thoroughly personal nature and which we believe to be the only empirical psyche (even if we tack on the personal unconscious as an appendix), there exists a second psychic system of a collective, universal, and impersonal nature which is identical in all individuals. This collective unconscious does not develop individually but is inherited. It consists of pre-existent forms, the archetypes, which can only become conscious secondarily and which give definite form to certain psychic contents”⁶⁴.

When Jung says that the content of the collective unconscious pre-exists and is inherited, implies that the information of the archetype is “stored”, like in a memory, somewhere beyond the physical realm (the physical body). This means that some kind of “field of information” beyond human psyche is needed in order to understand its existence. As McDougall⁶⁵ pointed out, “such theories will not have a major influence on mainstream psychology until they are empirically testable”⁶⁶. However, the amount of evidence to support this “field of information” is everyday increasing, as we will see.

The Field of Consciousness

In Sheldrake’s words, fields are non-material regions of influence that serve as a medium for ‘action at a distance’. Modern field theories are rooted in the work of Michael Faraday, who through his investigation of magnetism came to the conclusion that “lines of force” extended around a magnet⁶⁷. Fields are all around us (e.g., gravitational or electromagnetic) but we are not able to see them, we just see them by their effects. It is interesting here to bring the concept of “ether” as a field; James Maxwell, in the 19th century, believed that the propagation of light required a medium for the waves called “luminiferous aether”.

Interestingly, in the Indian philosophy we find the term *Akasha* (in Sanskrit) which means “ether”, the first and most fundamental of the five elements which *underlies* all things and *becomes* all things. Linked to the *Akasha*, we find the concept of *Akashic Records*, which according to Ervin Laszlo are “the enduring records of all that happens, and has ever happened in the whole of the universe”⁶⁸. Thus the *Akashic Records could be understood as the Memory of the Universe*. This idea could be the background to support the concept of C. G. Jung of a collective unconscious or the Maharishi’s theory of collective consciousness, among others who sustain the same idea.

Ervin Laszlo, in his book *Science and the Akashic Field*, puts together the fundamental sciences of life (physics, biology, cosmology and consciousness) to build up An Integral Theory of Everything. He explains that the ancient concept of *Akasha* is in today’s modern sciences known as the *quantum vacuum*⁶⁹. Contrary as thought during the 20th century, “[this] vacuum is far from empty, as we have seen it is an active, physically real cosmic plenum. It conveys not only light, gravitation, and energy in its various forms, but also information; more exactly, ‘in-formation’”⁷⁰. The concept of this ‘in-formation’ is not information in the ordinary sense but rather, “a subtle, quasi-instant, non-evanescent and non-energetic connection between things at different locations in space and events at different points in time”. This ‘in-formation’ then links everything in space and time through the non-locality principle.

Laszlo uses the parable of a sea to exemplify the concept of quantum vacuum. When a ship travels on the sea’s surface it creates waves that move through it as does any other ship, object or animal. All of them make waves simultaneously creating a medium full of waves that intersect and interfere. Every ship is exposed to these waves and its path is in a sense ‘informed’ by them. So, as more waves are created, more information is carried in the sea. However, in the quantum vacuum, “the interfering wavefields are natural holograms and they propagate quasi-instantly, and nothing can attenuate or cancel them”⁷¹. Hence, “the quantum vacuum is the holographic information mechanism that records the historical experience of matter”⁷². Part of this memory could be the collective unconscious (waves of behaviour recorded as archetypes), and as holographic beings we could inherit this collective historical information and influence our consciousness unconsciously, and thus our behaviour.

It is interesting also to compare the commonalities between the idea proposed by William James one century ago about a “field of consciousness” acting as a magnetic field, impossible to define its boundaries where past memories were stored “floating” in this field, with the modern concept of personal hologram that records our experiences and that our brain can access to by “recalling” the information⁷³. The idea of memory located outside the brain in ones personal field is also explored by Shel Drake⁷⁴, as we will see later.

Furthermore, when our rationality does not filter out what we can apprehend, “our brain/mind can access a broad band of information, well beyond the information conveyed by our five sensory organs. We are, or can be, literally ‘in touch’ with almost any part of the world, whether here on Earth or beyond in the cosmos”⁷⁵. In order to access the information in the quantum vacuum or the Akashic field we need to tune our consciousness in order to resonate with the holograms in this field. When that occurs we access a broad range of information that links us to other people, to nature, and to the universe⁷⁶.

As I pointed out earlier, in the Indian Vedic tradition, consciousness is understood as a vast field that constitutes the primary reality of the universe, Brahman. This primary reality of consciousness is also explained by the quantum physicist **John Hagelin with the Unified Field Theory**. This theory is based on the superstring theories which locate a single, universal “unified field” at the basis of all forms and phenomena in nature, the source of all order displayed throughout the universe (the Planck scale of 10^{-33} cm and 10^{-44} sec)⁷⁷. Non-local effects could be mediated through the agency of the unified quantum field due to intrinsically non-local structure of space-time at this scale. At this level, the observer and the observed would be found within the same self-interacting dynamics of the unified field; hence it would be formally as much as a field of subjectivity as of objectivity⁷⁸.

According to Hagelin, this unified field is essentially a field of consciousness as it is the foundation of matter⁷⁹. Individuals can have access to it through meditation (e.g., transcendental meditation) in what it’s called the *hypo-metabolic* state of consciousness. This state is subjectively and physiologically distinct from the waking, dreaming or sleeping states. The body is deeply rested (several times deeper than sleep) while the awareness is alert and subjectively “unbounded”. In this fourth state of consciousness distant regions of the brain become profoundly synchronous in a “global EEG coherence”. In this state the individual gains access to the unified field and experiences the underlying field of individual and collective consciousness (*i.e.*, pure consciousness) creating an impulse within this field that has a measurable beneficial effect upon the surrounding society.

Foremost, when groups of individuals in close physical proximity reach this state of consciousness, they have a much larger societal influence, causing a measurable increase in EEG coherence in the surrounding social environment and highly statistically significant drops in crime, terrorism, warfare, and other indicators of societal stress and incoherence. The intensity or power generated by the group grows as the square of the number of participants (N^2). This means that a relatively small number of individuals are needed to precipitate a global effect. This phenomenon has been called the Maharishi Effect⁸⁰, as a technology developed by Maharishi Mahesh Yogui the founder of the Transcendental Meditation.

During August and September of 1983 one social experiment took place to test the Maharishi effect⁸¹ in Jerusalem. The aim was to reduce the stress in the collective consciousness and behaviour of Israel and Lebanon. This study showed that when the number of participants in the Maharishi Effect was high, war deaths in neighbouring

Lebanon dropped by 76%. These results were replicated in seven consecutive experiments over a two-year period during the peak of the Lebanon war. Another experiment took place in 1993 in Washington, D.C. from June 7 to July 30 to reduce crime and social stress. After the start of the study, violent crime (measured by FBI Uniform Crime Statistics) began decreasing and continued to drop until the end of the experiment with a maximum decrease of 23,6%, after which it began to rise again⁸². According to Hagelin, more than 50 demonstrations projects and 23 published scientific studies have shown the effectiveness of this technology⁸³.

Another fascinating project on the “field of consciousness” is the so called “**Global Consciousness Project**”. In the mid 1990s the psychologist Roger Nelson initiated at Princeton University a series of experiments to test the mind-matter interaction hypothesis. In order to do so he used with his colleagues an electronic Random Number Generators (RNG), a device designed to generate pure randomness, technically known as *entropy*. According to Radin, consciousness has six properties, among which the second one is that “consciousness injects *order* into systems in proportion to the ‘strength’ of consciousness” and the sixth one “physical systems of all kinds respond to a consciousness field by becoming more ordered. The stronger or more coherent a consciousness field, the more the order will be evident”⁸⁴. Then, in order to detect this *ordering* effect, it is required a labile system like the RNG which generates entropy. Changes in order can be easily detected because under ordinary conditions, and by definition, a random system on average has zero order. If order does appear, it can be detected immediately using fairly simple statistical methods⁸⁵. In this basic field consciousness experiment, the fluctuations of group’s attention and the fluctuations in the behaviour of one or more RNG are measured at the same time.

In the late 1997, Roger Nelson took up the challenge and with assistance from John Walker, the founder of AutoDesk, the computer-aided design company, and computer scientist Greg Nelson, devised a clever architecture to support an Internet-based, worldwide, continuously running field consciousness experiment. This experiment has been called The Global Consciousness Project (GCP). By April 2005 more than a hundred field experiments had been reported, and the network included about 65 active RNGs⁸⁶ located mostly throughout Europe and North and South America, but also in India, Fiji, New Zealand, Japan, China, Russia, Africa, Thailand, Australia, Estonia, and Malaysia.

For example, on September 11, of 2001, two hours before the plane crashed into the World Trade Tower in New York, the curve of randomness deviated wildly compared to all the other days examined. In fact, “the huge drop in this curve within an eight-hour period was the single largest drop for any day the year 2001”⁸⁷. The GCP strongly suggests that coherent group activity is associated with unusual moments of order in RNG outputs. As stated in Radin’s book:

“From August 1998 through April 2005, 185 events have been evaluated. The overall results show a clear deviation from chance, with odds against chance of 36,400 to 1. This suggests that when millions to billions of people become coherently focused that the amount of physical coherence or order in the world also increases. These moments of unusual coherence would not just be limited to RNGs, but would affect everything. That is, presumably every animal, plant, and rock would behave slightly differently during moments of high global coherence”⁸⁸.

To my mind, it becomes clear now from the above approaches and examples that our personal consciousness extends beyond our skull and brain through space and time and is entangled with other consciousness, so belonging to a wider collective consciousness. However, in my opinion, they are not really theories about a “field of consciousness” but rather they establish the ground with quantum physics (*i.e.*, unified field or quantum vacuum) and consciousness properties (*i.e.*, psi phenomena, transpersonal experiences) on which to build up a theory of the “field of consciousness”. It seems to me that Rupert Sheldrake’s Morphic Fields theory has the greatest explanatory power.

Sheldrake is a British biologist that believes that **every natural system is associated with a field of information a “morphic field”** that interacts with observable matter. Morphic fields organize the structure of natural systems as well as their patterns of activity. The origin of his theory arose, as a result of researching the mysterious process of morphogenesis (*i.e.*, the process of coming into being of form)⁸⁹. According to him, this process can be explained by morphogenetic fields, fields as physical as the gravitational, electro-magnetic or quantum fields, that “shape and organize developing micro-organisms, plants and animals, and stabilize the forms of adult organisms, and each kind of cell, tissue, organ, and organism has its own kind of field”⁹⁰. The process of development of organisms and their inherited characteristics is then understood not just as the expression of the genes through the synthesis of proteins, but also by inheritance of morphogenetic fields. Sheldrake calls this process of morphogenesis through fields, the “hypothesis of formative causation”⁹¹.

In order to widen the concept of morphogenetic fields, Sheldrake considers that *morphic fields* is a more appropriate term because it includes other kinds of organizing fields in addition to those of morphogenesis. It includes for example, fields for minerals, plants, animals, human behaviour and mental activity as well as social and cultural systems. It is important to briefly summarize the main characteristics of these fields in order to understand further explanation:

(1) as I’ve said before morphic fields (MF) are as physical as any other field, and can be regarded as fields of information (2) they represent a kind of pooled or collective memory of the species, and each specie has its own, (3) each member of the species is moulded by these species fields, and in turn contributes to them influencing future members of the species, (4) MF work by morphic resonance, which involves a kind of action at a distance in both space and time, and this influence does not decline with distance in space or in time, they are non-local, (5) morphic resonance (MR) takes place on the basis of similarity, the more similar an organism is to previous organisms, the greater their influence on it, and the more such organisms there have been, the more powerful their cumulative influence, (6) MR does not involve a transfer of energy from one system to another, but rather a non-energetic transfer of information, (7) MF have the property to be holographic, where the part contains the whole, (8) they are organized in nested hierarchies which means that there are levels upon levels of morphic fields within fields, within which they are embedded, (8) MF may in some sense be akin to quantum fields which would suggest that they are intrinsically probabilistic, (9) MF are conscious and have intelligence, and as higher the level more conscious it is⁹².

Sheldrake describes extensively many examples of formative causation both in living and non-living organisms. However, two striking cases of the effects of morphic fields and resonance on living organisms are (1) the inheritance of acquired characteristics in fruit-flies and, (2) the acquired new habits of birds. Regarding the first one, in the 1950s several series of experiments were carried out with these flies in Waddington’s laboratory. The

developing flies were subjected to abnormal stimuli, and as a consequence some developed in characteristically abnormal ways⁹³. The conclusion of these experiments was that inheritance could really take place without any transfer of genes at all: fruit-flies from the same strain hundreds of miles away developed abnormally characteristics without inheriting any modified genes and without any means of communication⁹⁴.

Regarding the second case, there is a well documented example of the spontaneous spread of a new habit concerning the opening of milk bottles in Britain by birds. They opened the caps on bottles that were delivered to doorsteps early in the morning and drink as much as two inches of milk from the bottles. The first record of this habit was from Southampton in 1921, and its spread was recorded at regular intervals from 1930 to 1947. Once discovered by the birds (mainly great, coal and blue tits) in any particular place, the habit spread locally. It is known that tits do not usually venture more than a few miles from their breeding place, however, the habit spread through Britain, Sweden, Denmark and Holland⁹⁵.

These two examples show that, within each species of insects and animals there is some kind information communication that goes beyond space and time, and morphic fields provides a useful theory to understand it. But the most interesting of all, to the matter of this paper, is **morphic resonance in humans**.

In order to do so, we need first to approach Sheldrake's concept of the "extended mind" versus the "contracted mind". The later, in his terms, "is the view of the 17th century that our minds are not only rooted in the brain but actually located in the brain"⁹⁶, whereas in the extended mind, ours extend both in space and time, and with other people's minds and with group or cultural minds. The extended mind allows understanding most of the psi phenomena (2003). Sheldrake suggests that *the brain is more like a tuning system rather than a memory storage device*, and he compares the TV with our brain both as receptors of information⁹⁷. Then, when considering morphic resonance in humans, our brains will tune into the morphic field of the collective memory to which we are all in contact. This idea is very similar to the notion above expressed of the collective unconscious and collective consciousness. Indeed, according to Sheldrake, morphic resonance theory is a radical reaffirmation of Jung's concept of collective unconscious⁹⁸. When we apply morphic resonance to human learning, we observe that as more people learn something new, easier it becomes to learn it for those that come after.

One interesting experiment that exemplifies the above was carried out by Arden Mahlberg, an American psychologist who constructed a new version of the Morse code by reassigning the dots and dashes to different letters of the alphabet. Using subjects who did not know Morse code, he compared their ability to learn this new code with their learning of the genuine one. The subjects were exposed to the new code and the genuine one after the other, in random order, for equally brief periods. Mahlberg found that, on average, subjects learned the real Morse code significantly more accurately than the new code. However, in subsequent tests with new subjects, he found that the average accuracy of learning of the new code progressively increased until it was learned almost as well as the real Morse code⁹⁹. *It becomes clear from this example, that as more people learn something new, less time is required for those that come later to learn it, as well as the reality of the collective memory to which we are all unconsciously connected and nurtured.*

Before concluding this section, it is worth considering "Family Constellations" as a really powerful example of family morphic fields and morphic resonance. As Cohen express it:

“the method is distinguished from conventional psychotherapy in that (a) the client hardly speaks and (b) its primary aim is to identify and release pre-reflective, trans-generational patterns embedded within the family system, not to explore or process narrative, cognitive or emotional content”¹⁰⁰. To do so, the client selects from a group of people those who feels are representatives of his family members and places them in a room like a scenario of characters. The most amazing phenomenon is that those acting as if, really feel and act as if they were the real members of the family system. Through a family constellation, “the representatives tune into the resonance of the family field, accessing kinaesthetic and emotional data”¹⁰¹. By doing so, “the hidden systemic dynamic comes into clear view”¹⁰² “emerging spontaneously from the constellation itself” and it is recognized that “any given symptom was part of a larger tableau that connected not only to members of the immediate nuclear family but also to members of the past and future generations”¹⁰³. Once the process it’s finished, what has been worked out in the constellation affects the real family members “altering the meanings of past events and reconfiguring the family system”¹⁰⁴. I have experienced a family constellation myself, and I was astonished that those I choose were really feeling and acting as if they were my real family members, even who represented me!

Gaia: Earth as a Living Organism

The Gaia hypothesis was first formulated by James Lovelock in the 1960s in which the Earth was the largest living organism¹⁰⁵. According to him, our planet is a living organism capable of self-organizing and maintaining life on it. The name of Gaia comes from the ancient deity, Gaia, the Greek goddess of the Earth. This hypothesis produced a lot a controversy and it has been rejected by many scientific circles, however, since those days, it seems that today the idea of the Earth as a living organism is more accepted. Recently, in the 1990s the Russian astrophysicist Dr. Vladislav Lugovenko, has been measuring what he calls “The Breathing of Earth” through the Cosmo-Terrestrial Field. He states that the Earth is not at all an inert but a living entity¹⁰⁶. If the Earth is a living system, how must do one of the fundamental processes of life, breathing? According to him, “this breathing consists of all possible methods of receiving, processing and obtaining energy from external space through a complete system of grids and chakras of different calibres”, it is also called “the temporary variations of a Cosmo-Terrestrial field”. During the past decade, Lugovenko has revealed that not does only the Earth breathe but it is affected by events in the Cosmos and by human thought. Indeed, he has shown that “the breathing of the Earth is responsive to human intention; that humanity, through his thoughts and prayers radically impacts the Earth”¹⁰⁷.

In a similar way as the results obtained from The Global Consciousness Project, during three peace meditations¹⁰⁸, “strong vibrations arose in the Cosmo-Terrestrial field which noticeably influenced the breathing of the Earth”¹⁰⁹. Different devices in different places were used to measure this Cosmo-Terrestrial field, one of those was carried out by the scientist Richard Benishal, who was taking readings with a Biometer¹¹⁰. He said that during the meditation in Moscow of 2003, got the highest reading he has ever seen¹¹¹.

The point of bringing the notion of the Earth as a living organism has two reasons, firstly, to show again that our consciousness and thoughts have an effect on the surroundings, in this case the interaction with the so called Cosmo-Terrestrial field (*i.e.*, the Earth), but secondly and foremost, due to the interdependence of all life, we, as human beings and individuals, need to *wake up* to this interconnectedness of everything and realize our responsibility from what we think and feel, to what we say and do in order to shift to a more harmonious way of living on Earth. As St. Clair puts it: “psychological (psychic)

pollution is equally, if not more harmful to this world than physical pollution. The negativity, fears, sorrows, conflicts and angers we create and power out every day with our minds is similar to radioactive waste”¹¹².

Worldwide Peace Meditations

To my knowledge, there are two large scale platforms to organize worldwide meditations in order to affect the whole planet. Based on the scientific background presented above on the field of consciousness, they periodically organize worldwide meditations using Internet as the mean to connect people around the world and unify all consciousness at the same time with the same intention, peace. These two projects are, in first place the [Gaiafield Project](#), directed by David Nicol and currently a joint project of the [California Institute of Integral Studies](#) and [Wisdom Mountain](#). According to David, their vision is mainly to support the emergence of a large, resilient, multi-hub network of spiritual leaders and their constituencies who regularly participate in and co-create large-scale global meditation and prayer vigils. Their aim is to facilitate the sharing of information and resources between the many existing networks which share the goal of bringing together hundreds of thousands of people in meditation or prayer for world peace.

Secondly, [The Club of Budapest](#), an informal international association dedicated to developing a new way of thinking and a new ethics to help resolve the social, political, economic, and ecological challenges of the 21st century. It was founded in 1993 by Dr. Ervin Laszlo, a nominated Nobel Peace Prize in 2004, 2005 and 2006. The Club organizes the Global Peace Meditation Day event in which many people from many countries and cities become united. The last one took place on May of 2007, and according to Roger Nelson, the director of the Global Consciousness Project (GCP), the results after monitoring the effects of group meditation, prayers and intentions were “surprisingly strong”¹¹³.

An Integral Awakening for a Planetary Transformation

What is the main purpose of putting all this knowledge together, or even the knowledge and evidence itself of a “field of consciousness”? On the one hand it aims to answer the question: who are we? The evidence shown tells us that our consciousness extends beyond our brain and skull opening the door to reach the whole Universe without limits either in space or time. This reality makes us more than just matter (i.e., a cosmic accident). On the other hand, in my opinion this knowledge is transformative as it changes the way we understand ourselves and thus the way we behave; knowledge should always be in service of social spiritual transformation.

We have reached a stage in our human civilization that a shift in consciousness is needed urgently if we want to survive as species, and this knowledge helps to realize this shift. To my mind, *technological development without spiritual development equals self-destruction*, because then technology is used in an egocentric and selfish way that leads us to a profound social and planetary crisis, as it is happening now. Without spirituality, Life is reduced to Matter, and then nihilism and human alienation comes in because we lose our spiritual and cosmic origin (the stars). We forget who we are and by doing so, we disconnect ourselves from our inner wisdom, natural love and compassion that is within all beings wherever they are. As a substitute, we take for granted and assume that we are what we do and what we have (as they constantly tell us through mass media), placing outside the answer to the question, who am I really? As Ashok Gangadean says:

“This awakening of global consciousness is nothing less than a shift, a maturation, from more egocentric patterns of life to a higher form of integral and dialogic patterns of life. In this drama it is seen that egocentric patterns of minding and living directly lead to fragmentation, alienation and human pathologies at the individual and collective level. The great spiritual traditions have long seen that the key to our survival, sustainability and flourishing turns on our conscious evolution into a dialogic patterns of life which bring forth our true moral, rational and spiritual nature as species”¹¹⁴

To my mind, an integral awakening is two fold, (1) reconnecting again to our true inner spiritual dimension, in Welwood’s terms: “waking up from unconscious tendencies, beliefs, reactions, and self-concepts that function automatically and keep us imprisoned in a narrow view of who we are and what life is about”¹¹⁵; and (2) becoming completely aware of the *collective shadow*, the “dark side”, and thus the *real* dangers and problems that we are facing as humanity (e.g., new world order). In C.G. Jung words “one does not become enlightened by imagining figures of light, but by making the unconscious conscious”. And this is also applicable to the collective shadow.

Here is when all this knowledge on the “field of consciousness” comes in because we realize that we are not isolated individuals in a collective mass of people where our consciousness is limited to our brain and skull, but rather we are entangled and part of this collective consciousness, knowing that we are co-creators with our intention of our own personal and collective reality because, as we have seen, consciousness constitutes the primary reality of the universe. Consciousness is the doorway to the Cosmos. As more spiritually awakened we become, and more aware we are of our influence (by morphic resonance) on the collective mind (through the morphic field), the more the feeling of self-empowerment will increase, and the stronger our sense of purpose will be to help others as best we can. In other words, we will feel *responsible* to spiritually evolve to a higher level of consciousness and inner coherence in order to help this collective consciousness to evolve and ascend as well. As Sheldrake said: “because all members of a species influence these fields, their influence is cumulative: it increases as the total number of members of the species grows”¹¹⁶. Hence, as more people awake to the spiritual dimension and get transformed by the experience of awakening, more people in the world will awaken and get transformed, illuminating the collective shadow and making it conscious, which means losing its power on us and becoming more free and integrated beings.

As we have seen, we are entangled spiritual beings in a living cosmic field of consciousness. Each spiritual experience at any time anywhere in the Cosmos enriches the Whole to which we all belong. Life is a cosmic game where “everything is dual; everything has poles; everything has its pair of opposites”¹¹⁷. Light and darkness belong to this cosmic game of duality, and one helps the other to enrich the Wholeness. In our time and space, in this human life form on Earth, light is challenged by the darkness to become brighter. We, as spiritual drops of this cosmic ocean of consciousness have the challenge to illuminate our personal and collective shadow and become more responsible, integrated and enlighten beings in this new opportunity ahead (*i.e.*, shift of the ages). Transformation only takes place when both poles yin and yang are put together, like the masculine and feminine energy create life only when they meet. At the present time, from a cosmic point of view, both forces are playing their part to help human species to grow in consciousness and become self-responsible and masters of themselves. This inner transformation to a higher level of consciousness requires courage to leave behind the known and embrace the unknown that only exists within us.

Exopolitics then opens the doorway to the galactic and cosmic re-integration with our extra-terrestrial cosmic family; is the doorway to freedom from this state of enslavement that has been taking place for so long on Earth. Enslavement will only end once we have seen the chains of ignorance that maintain us imprisoned to our own and collective minds and belief systems: when an integral awakening takes place. Freedom is within us and consciousness is the golden key that opens the door, because it helps us understand who we really are, where we come from and where we are being headed. The “dark side” has been and is still today controlling consciousness, and thus freedom, through all the means that keep consciousness imprisoned to the small match box. Many are the strategies... the different beliefs and religious systems that limit human experience, dumbing down the educational and science systems, using television, mass media and the entertainment world, video games, fluoride and genetically modified food, different mind control technologies like microwaves and extremely low frequencies (ELF), implanted chips, HAARP, chemtrails and weather control, the manipulation of human emotions and fear, and so on. Each of these strategies contributes to the creation of a morphic field that holds collective consciousness in the desired state, fear, the lowest vibration state. The false flag operation of 9/11 created, for example, a collective trauma that perpetuated fear, negative emotions and the victimization in the western society. Furthermore, in my opinion all these strategies have a direct and desired effect in the key that unlocks the doorway to the Cosmos, the DNA (as a receptor for consciousness)¹¹⁸.

Recently, Russian scientists have discovered that the DNA can be influenced and reprogrammed by words and frequencies without cutting out and replacing single genes. The Russian biophysicist and molecular biologist Peter P. Gariaev and his colleagues from the Russian Academy of Sciences in Moscow managed for example to modulate certain frequency patterns onto a laser ray and with it to influence the DNA frequency and thus genetic information itself. One striking case was to transform a frog embryo to a salamander embryo simply by transmitting the DNA information patterns from the second to the first one. As asserted by Sepp Hasslberger, “while western researchers cut single genes from the DNA strands and insert them elsewhere, the Russians enthusiastically worked on devices that can influence the cellular metabolism through suitable modulated radio and light frequencies and thus repair genetic defects”¹¹⁹. The point here is to apply the correct frequency to the DNA in order to cause the desired effect.

So, as we approach the “shift of the ages” and the Earth and Solar System align themselves with the centre of the Milky Way in the precession of the equinox, more radiation and cosmic light is reaching life on Earth (also known as the Photon Belt). I ask myself if whether this light and radiation is going to affect our DNA in the same way as the Russians were able to do. If this is the case, then this light is resonating and changing our DNA, activating our inner potential in order to shift in consciousness, something that the “dark side” does not want to occur and tries to avoid. As it has been pointed out by St. Clair:

“The human DNA has being tampered with by those seeking to control this world, because the DNA light strings connect our awareness to the other world dimensions of light. The teachings within each earth-cycle are embedded within our DNA, and we can easily access those teachings, through our heart awareness. The catalyst to activating this sacred knowledge lies within the soul’s emanations. Information within the DNA is activated by the conscious probing of the soul”¹²⁰.

If the DNA is a receptor and transmitter of consciousness, the collective field of consciousness to which we are embedded has also an influence on our personal DNA

because we resonate (through morphic resonance) with our social environment. As more fear and violence is generated in the collective consciousness (morphic field) more blocked and limited the DNA will be, in other words, fear will deactivate the greater DNA potential, thus maintaining more people enslaved to the system (*i.e.*, the new world order). According to different researchers, our DNA has been manipulated through human history by different extraterrestrial races in order to maintain human consciousness imprisoned and easily controlled. However, as an integral awakening takes place, the experience itself has an effect on our DNA, and consequently activates our human potential. A true awakening implies love and compassion, and these activate our DNA potential, shifting our consciousness to a higher state. However, it is arrogant of those who are willing to stop this cosmic change to happen because as St. Clair points out:

“The forces of change are multi-dimensional and inter-dimensional. They include human beings, trans-human beings, extra-terrestrial beings, Cosmic beings, and more. They include animals, plants the creatures of the seas, the earth itself and all planets, everything that is a being and that has light encoded into itself”¹²¹.

Consequently, as this Cosmic team works together for the “shift of the ages” to take place, the light on Earth will become brighter and brighter, helping the awakening of increasingly more and more people to the truth of *whom we really are and our real planetary condition*. The disclosure of truth is just a matter of days (in relation to the length of planetary history), and once that happens nothing can stop the metamorphosis that human consciousness is going to experience. According to Michael Salla, on the 12th of February of 2008, a secret meeting occurred at the New York office of the United Nations concerning the recent spate of UFO sightings¹²². Salla’s source, a current diplomatic corps, revealed that “a secret UFO working group exists that is authorizing the release of such information to the public, in an effort to acclimate others to what is about to unfold. A date of 2013 was given as the time for official disclosure and/or when extraterrestrials show up in an unambiguous way”¹²³. This is a very important statement and it could mean that we are at the threshold of a planetary transformation which will open the Doorway to the Cosmos. Because many big changes are about to happen (economically, politically and environmentally), a profound transformation of consciousness (integral awakening) is required in order to deal with them, otherwise the experience will be too shocking. As Salla points out, “the source’s reference to suicides is probably related to those who will learn that much of what they have learned and believed over a lifetime was a lie”. Consciousness transformation, in order to be genuine, must come from within each human being, only then we will be able to shift as human species to a more enlightened civilization and be accepted again into the Galactic Community to which we have always belonged.

Endnotes:

¹ When this article was published in the Exopolitics Journal, the author was writing up his thesis for the completion of his MSc at Liverpool John Moores University. For more information on the author visit: www.trans-personal.com

² Webre, Alfred L. (2005), p. 5

³ Salla, M. (2004).

⁴ It is interesting to be aware of the work of the archaeologist Zecharias Sitchin concerning the ancient Sumerian tablets as an alternative story of human history, in which the Annunaki, from the Planet Nibiru, came to Earth 450.000 years ago and genetically engineered a race (humans) to suit their mining purposes of gold for their planet. It is also interesting to consider Alex Collier's story on "*an Andromedan Perspective on Galactic History I and II*" (sited the Exopolitics Journal). And finally, it is worth considering the work of Michael Cremo in *Forbidden Archaeology* and *Human Devolution*, where he documents a massive amount of evidence showing that humans have existed on earth for hundred of millions of years.

⁵ You may find an interesting approach to the "dark side" in Alfred L. Webre's interview, part I and II: www.consciousmedianetwork.com

⁶ Consider for example the unknown work of Nicola Tesla and his attempt to provide free energy to the whole planet, and the work of Wilhelm Reich also related to free energy, which he called orgone, and its applications for health (among others). Reich died in prison, while Tesla died poor and alone in a hotel room.

⁷ The "reverse engineering" has been described in detail by Col. Philip J. Corso in his book "The Day after Roswell".

⁸ Salla, M. (2004).

⁹ Salla, M., (2008). Source Reveals Secret UFO Meeting at U.N. In the UFO Digest, the 13th of February. <http://www.ufodigest.com/news/0208/unmeeting.html>

¹⁰ As Ervin Laszlo quotes in his book (2003, p. 26) "A statement signed by 1670 scientists from 70 countries made this point: A great change in our stewardship of the Earth and the life on it is required if vast human misery is to be avoided and our global home on this planet is not to be irretrievably mutilated. The scientists, including 102 Nobel laureates, concluded that a global ethics must motivate a great movement to convince reluctant leaders and governments, and reluctant peoples themselves, to effect the needed changes".

¹¹ I also recommend you to read Project Camelot's summary of their research with whistleblowers about the extraterrestrial issue, earth changes and 2012, and the planetary political current situation. <http://www.projectcamelot.org/2008.html>

¹² Kuhn, T., 1970

¹³ For an excellent discussion on the different approaches to consciousness read Lancaster B.L., 2004

¹⁴ Dehaene, et al., 2006; Lamme, 2006; Dehaene, & Naccache, 2001; Delacour, 1997

¹⁵ Laszlo, E., 2004b, p. 108

¹⁶ LaBerge and Kasevich, 2007, p. 1

¹⁷ When I say "consciousness", I mean "soul-consciousness", not the "ego-consciousness" which is really limited.

¹⁸ Harman W., 1994, p. 378

¹⁹ *Ibid.*, p. 379-378

²⁰ Bohm, 1980, pp. 2-3; Maxwell, T., 2003, p. 258

²¹ 2006, p. 387

²² Barney, G., 1982; Laszlo, E., 2003; Prentice, 2003; Maxwell, T., 2003.

²³ Gangadean, 2006, p. 382

²⁴ Harman W., 1994, p. 391

²⁵ In 2004b

²⁶ Webre, A., 2005, p. 11

²⁷ In my opinion, theories and models scientists create with their minds about consciousness (and further about reality), are usually the way they experience and understand themselves. Their intellectual work could be interpreted like an unconscious projection of their own view. So the unconscious plays an important role in scientists' theories and models (Harman, 1993b, p.139). It is difficult to put so much mental energy (creating books, lectures, articles, etc.) in something that is not connected in a deep level with us.

²⁸ This position has been discussed as a critique to the positivistic view point of complete separateness between objective and subjective reality, while from a post-modern worldview, the reality is understood as socially constructed through language and social interaction and the boundaries between the objective and subjective world are no longer clear. Thus the researcher activity becomes socially constructed.

²⁹ Davies P.D. & Brown, J.R., 1986, p. 7

³⁰ For a very clear explanation through a short animation watch:

<http://whatthebleep.com/trailer/DSDUQT.mov>

³¹ Lancaster, B.L., 2004, pp. 116-117

³² In such experiment they would try to measure indirectly the position and the speed of one particle (something which should be impossible according to Heisenberg's principle of uncertainty because while observing we modify the observed) in relation to the other one. Both particles were formed by splitting another one, and as a result both of them will move at the same speed in opposite directions, so what they aimed to measure was the position and speed of one particle from the other. Actually the real experiment took place in 1982 with Alain Aspect and his colleagues in France, and later repeated in 1998 with Nicholas Gisin at the University of Geneva. In this last case, non-local entanglement of photons was demonstrated over 11km of optical fiber. In 2004 Gisin's group repeated found identical results after the experiment was replicated over 50 Km of optical fibre.

³³ Radin, D., 2006, p. 14

³⁴ Cited in Radin, D., 2006, p. 14

³⁵ Crick, F., 1994, p. 3

³⁶ Parapsychology origins can be traced back as far as the eighteenth century and beyond as described extensively and in detail by Dean Radin (2006, p. 52-80).

³⁷ As Dean Radin mentions in his book (1997) "Various US government agencies initiated a program at Stanford University Institute (SRI), a scientific think tank affiliated with Stanford University. Several agencies supported the programme like CIA, Defence Intelligence Agency, the Army, the Navy and NASA. In 1990 the entire program moved to a think tank called Science Applications International Corporation (SAIC), a major defence contractor" (p. 193).

³⁸ "Remote viewing is set of related protocols that allow a viewer to intuitively gather information regarding a specific target that is hidden from physical view and separated from the viewer by either time or distance. Research suggests that the same processes used to gather spatially non-local information can also be used to gather information that is temporally removed from the observer" (Lee, J.H., 2007, p.1)

³⁹ When using remote viewing with Exopolitical purposes, data from scientific remote viewers suggest that a spiritually and technologically advanced galactic federation of worlds exists. It can be described as a sort of loosely organized spiritual government of our Milky Way galaxy (Webre, 2005, p. 90). The same method has been proved successful in identifying life on Mars, where a survival Martian culture exists under its surface and is 150 years more technologically advanced from our present human civilization (Brown, 1996, 63, 92). This information has been confirmed by Henry Deacon, David Wilcock and others, and more information can be found in www.projectcamelot.org

⁴⁰ Targ, R. & Puthoff, H., 1974; Puthoff, H., & Targ, R., 1976; Targ, R. & Harary, K., 1984; Targ, R., Puthoff, H. E., 1996

⁴¹ In a 2003 report, former Princeton University Dean of Engineering Robert Jahn and psychologist Brenda Dune summarized 25 years of remote viewing (they call it remote perception) research (Dunne, D.J. & Jahn, R.G. 2003).

⁴² Radin, D. 1997, p. 193

⁴³ Laszlo, E. 2004a

⁴⁴ Olistiche, R., 1992, in Laszlo, 2004a, p. 23

⁴⁵ Benor, 1993; Braud & Schlitz, 1983; Dossey, 1989, 1993; Honorton et. al, 1990; Rosenthal, 1978; Varvoglis, 1986

⁴⁶ Radin, D. 2006, p. 18

⁴⁷ The experiment was carried out by Leanna Standish of Bastyr University and her colleagues, using a functional magnetic resonance imaging (fMRI) scanner to correlate EEG activity of a couple. They found a highly significant increase in brain activity (odds against chance of 14.000 to 1) in the receiving person's visual cortex while the distant partner was viewing a flickering light.

⁴⁸ *ibid.*, p. 136

⁴⁹ *ibid.*, p. 275

⁵⁰ Monroe, R., 1971; Tart, C.T., 1998; Alvarado, C., 2000; Barušs, I. 2003

⁵¹ Almeder, R., 1992; Fenwick, P., 1996; Bailey, L. & Yates, J., 1996; Ring, K. & Cooper, S., 1996; Lommel, P., et. al. 2001

⁵² Stevenson, I., 1987, 1997; Grof, S., 1998; Mills, A. & Lynn S., 2000

⁵³ Moddy, R., 1975; Almeder, R., 1992; Barušs, I., 2003

⁵⁴ It is worth knowing that there is a new scholarly journal (2004) devoted to interdisciplinary research on the mind-matter interaction problem called *Mind and Matter*.

⁵⁵ Radin, D., 1997, 2006; Sheldrake, R., 2003; McTaggart, L., 2008

- ⁵⁶ Radin, D., 2006, p. 6
- ⁵⁷ Ring, K., and Cooper, S., 1999, p. 186
- ⁵⁸ 2000, p. 58-59
- ⁵⁹ Grof, S., 1993, p. 91
- ⁶⁰ Maharishi, 1976: 2, cited in Orme-Johnson, D.W., *et. al.* 1988, p. 778
- ⁶¹ Ramakrishna, P., 2004, p. 147
- ⁶² James, W., 1960, pp. 145-146
- ⁶³ 1951, pp. 310, 312-312; Lukes, 1973, p. 4
- ⁶⁴ 1968, p. 43
- ⁶⁵ McDougall, 1973
- ⁶⁶ Cited in Orme-Johnson, *et. al.*, 1988, p. 778
- ⁶⁷ Sheldrake, R. 1988, p.97
- ⁶⁸ 2004b, p. 76
- ⁶⁹ The *quantum vacuum* is also known as the Zero Point Field. “It has been calculated that the total energy of the ZPF exceeds all energy in matter by a factor of 10^{40} , or 1 followed by 40 zeros. As the great physicist Richard Feynman once described, in attempting to give some idea of this magnitude, the energy in a single cubic metre of space is enough to boil all the oceans of the world” (McTaggart, L., 2001, p. 28)
- ⁷⁰ *Ibid.*, p. 68
- ⁷¹ *Ibid.*, p. 71
- ⁷² *Ibid.*, p. 67
- ⁷³ Laszlo, 2004b, p. 116
- ⁷⁴ 1988 and 2003
- ⁷⁵ Laszlo, 2004, p 113
- ⁷⁶ *Ibid.*, pp. 115-116
- ⁷⁷ John Hagelin’s article, found at: http://proposal.permanentpeace.org/print_friendly/foundation.html Retrieved: 23/11/2007
- ⁷⁸ Hagelin, 1987
- ⁷⁹ *Ibid.*, p. 68
- ⁸⁰ By the first investigators to study it: Borland and Landrith, 1976
- ⁸¹ Orme-Johnson, D.W., *et. al.*, 1988
- ⁸² Hagelin, J.S., *et. al.*, 1999
- ⁸³ These scientific papers can be found in the Maharishi University of Management: www.mum.edu/m_effect/summary_table.html
- ⁸⁴ Dean, R., 1997, p.160
- ⁸⁵ *Ibid.*, p. 161
- ⁸⁶ “Each RNG in the GCP network is attached to a computer that collects one simple (of 200 bits) per second. The sources of randomness in the RNGs include electronic noise in resistors and quantum tunnelling effects in diodes” (Radin, D. 2006, p. 196).
- ⁸⁷ Dean, R., 2006, p. 203
- ⁸⁸ *Ibid.*, p. 198
- ⁸⁹ As Sheldrake points out, “the question of form has been discussed by Western philosophers for well over two thousand years, and the same kinds of arguments have reappeared century after century and are still alive and well today” (1988, p. 59)
- ⁹⁰ 1988, p. 108
- ⁹¹ *Ibid.*, p. 107
- ⁹² Sheldrake, R., 1988, p. 108-114; 1997a
- ⁹³ Sheldrake, 1988, p. 141
- ⁹⁴ *Ibid.*, p. 146
- ⁹⁵ *Ibid.*, p. 177-181
- ⁹⁶ Sheldrake, 1987b, p. 2
- ⁹⁷ Sheldrake, 1997, p. 4
- ⁹⁸ *Ibid.*, p. 6
- ⁹⁹ Sheldrake, 1988, p. 194
- ¹⁰⁰ Cohen, 2006, p. 226
- ¹⁰¹ (Laszlo, 2004; Sheldrake, 1995; cited in Cohen, p. 230)
- ¹⁰² Cohen, 2006, p. 230
- ¹⁰³ *Ibid.*, p. 299

¹⁰⁴ *Ibid.*

¹⁰⁵ Lovelock, 1989, 2000, 2006

¹⁰⁶ In 1999, 2003

¹⁰⁷ 2003, p. 4-5

¹⁰⁸ One at the World Summit on Peace and Time in June 22-27 of 1999 in Costa Rica, the second a World Peace Meditation in Baghdad on October of 2002 and the third one in Moscow February 2003,

¹⁰⁹ 2003, p. 7

¹¹⁰ A Biometer is a device that measures the vitality of life-force of a person or a place in angstrom units. Angstroms are units of light that all living beings and physical places emit. If there is disease or low energy, the Biometer registers a low reading, with the opposite for high energy.

¹¹¹ According to Lugovenko's article, Benishal said that a neutral reading World normally would be around 6500 angstroms, but that he has seen readings as high as 7000 after powerful meditations have taken place in an area. However, the reading of the Moscow area was between 9000 and 9500.

¹¹² St. Clair, 2005, p. 96

¹¹³ For more information: www.globalpeacemeditationprayerday.org

¹¹⁴ Gangadean, A., 2004

¹¹⁵ Welwood, 2000, p. 299

¹¹⁶ Sheldrake, 1987, p. 109

¹¹⁷ Kybalion, 2006

¹¹⁸ I recommend reading the book of Leonard G. Horowitz, *DNA: Pirates of the Sacred Spiral*, as he explains how the DNA is being manipulated to keep consciousness imprisoned.

¹¹⁹ Is DNA hyper-communication a native Internet? By Sepp Hasslberger, in Health Supreme, URL: www.newmediaexplorer.org/sepp/2003/07/15/is_dna_hypercommunication_a_native_internet.htm Retrieved: 02/02/2008

¹²⁰ St. Clair, 2005, p. 261

¹²¹ *Ibid.*, p. 113

¹²² Throughout 2007 many countries have been making public statements about UFO sightings. Recently, Japan's Defense Minister Shigeru Ishiba declared (22/12/2007): "*There are no grounds for us to deny there are unidentified flying objects and some life-form that controls them*" Source:

<http://www.bloomberg.com/apps/news?pid=20601101&sid=apLM6Rsq0jXY&refer=japan> According to Telegraph.co.uk (26/12/2007), "The Ministry of Defence will release for public viewing a total of 160 top-secret files with details about hundreds of sightings of Unidentified Flying Objects in 2008". Source:

<http://www.telegraph.co.uk/news/main.jhtml?xml=/news/2007/12/23/nufo23.xml> France, Ireland, Brasil, Canada, and other countries have already release documents.

¹²³ Salla, M., (2008). Source Reveals Secret UFO Meeting at U.N. In the UFO Digest, the 13th of February.

<http://www.ufodigest.com/news/0208/unmeeting.html>

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